

PROMOTED BY EREWASH
VALLEY RUNNING CLUB

THE RUN



WWW.EVRC.CO.UK

POSTAL ENTRY ADVISED AS RACE LIMIT REACHED FOR THE LAST TWO YEARS

TENTH YEAR UNDER UK ATHLETIC RULES

Safety: THERE WILL BE NO PARKING ON THE LEFT FROM THE START LINE AND FOR THE
FIRST 200 YARDS PLEASE OBEY MARSHALS

WEDNESDAY 25TH JULY 2018

EVENT DETAILS: START AND FINISH ALONGSIDE THE NAVIGATION PUBLIC HOUSE, RISLEY
LANE BREASTON, DERBYSHIRE (CLOSE TO M1 JUNCTION 25)

RACE DISTANCE CIRCA FOUR MILE, A FAST ROAD RACE ALSO PERFECT FOR THE FIRST TIME
RUNNER. PARKING ON STREET PARKING NEAR THE NAVIGATION PUBLIC HOUSE,
PRIZES FOR NEW COURSE RECORDS (MALE BRUCE RAYSIDE 19 MIN 22 SEC)

(LADIES SARAH HARRIS 22 MIN 07 SEC)

INDIVIDUAL TEAM AND VETS RACE LIMIT 220
closing date for postal entries 19.7.2018 MINIMUM AGE 16 YEARS

START TIME: 7.15 PM ENTRY FEE £5 AFFILIATED £7 UNATTACHED
£6 £8 ON THE DAY

ENTRY FORM

SURNAME
ADDRESS

FIRST NAME

PHONE NUMBER

POSTCODE

AGE ON 25/7/2018

DATE OF BIRTH

E MAIL

MALE

FEMALE (CIRCLE)

UKA REGISTERED CLUB

I AGREE TO ABIDE BY UKA RULES AND I UNDERSTAND THAT THE ORGANISERS WILL NOT BE
HELD RESPONSIBLE FOR ANY INJURY, LOSS OR ILLNESS RESULTING FROM THIS EVENT AND
THAT I AM MEDICALLY FIT TO PARTICIPATE

SIGNED

DATE

PLEASE INCLUDE THE FOLLOWING

COMPLETED ENTRY FORM, CHEQUE OR POSTAL ORDER PAYABLE TO EVRC

RACE NUMBERS TO BE COLLECTED ON THE NIGHT WE WILL CONFIRM RACE NUMBER BY EMAIL OR TEXT AFTER
CLOSING DATE SEE WEBSITE FOR MORE DETAILS AT WWW.EVRC

RETURN YOUR FORM TO

B, GOODALL, 47 MOORBRIDGE LANE, STAPLEFORD
NOTTINGHAM NG9 8GR TEL 07954167148